

# CSN

College of Further Education

**2017-2018**  
Evening Courses



## ENROLMENT

Enrolment for courses is open at present online at [www.csn.ie](http://www.csn.ie), or by phone, by post or at reception during office hours.



**cetb**  
Bord Oideachais agus  
Oiliúna Chroicil  
Cork Education and  
Training Board

 **CSN**  
COLÁISTE STÍOFÁIN NAOFA  
COLLEGE OF FURTHER EDUCATION



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# Evening Courses

## A different approach to learning

### **Welcome to CSN, College of Further Education.**

CSN, College of Further Education has been involved in adult education for well over twenty years. Our College has built a reputation for providing the highest standard of learner centred education. We pride ourselves in our ability to offer high quality courses in a friendly and relaxed atmosphere, which is specifically geared at adults returning to education. Make the decision to let us meet your needs as an adult learner.

#### **Enrolment for Evening Courses:**

Online at [www.csn.ie](http://www.csn.ie), by post, by phone or at the college during office hours.

#### **Enrolment for Spring courses:**

Online at [www.csn.ie](http://www.csn.ie), by post, by phone or during office hours from December 2017.

#### **The night school is closed on the following dates:**

30th October 2017 - 6th November 2017

18th December 2017 - 8th January 2018

12th February 2018 - 16th February 2018

17th March 2018

23rd March 2018 - 9th April 2018

## **Course Fees**

Payment should be made at registration at the office reception of the college, by phone, online or by post. Fees can be made by cash, credit card, laser card or cheques. . Fees are refunded ONLY when classes are not formed. Refunds are not made in any other circumstances. Please retain your receipt for refunds. Refunds are made through the Cork ETB and not the college. The refund process takes a minimum of three weeks. Student services and administration are included in the cost of courses.

## **All Examination costs are included in the course fees**

Most examinations take place during the last week of April and the first two weeks in May. Exceptions to this are the Royal Horticulture Certificate in Horticulture, which take place in June 2018.

**People who are in receipt of an old age pension or in receipt of a social welfare payment are entitled to a concession. To obtain this concession the college will need a photocopy of documentation to show what payment you are on. This must be presented on registration along with your pps number. This can only be given at the time of registration.**

## **Disclaimer**

CSN reserves the right to alter or cancel any class without notice. Please also note that the name of any course or title of qualification may change at the discretion of the College or any validating body. This Prospectus is for information purposes only and does not represent a contractual offer of any kind. The Cork ETB is committed to practices which safeguard the welfare of students, young people and vulnerable adults. The Cork ETB is registered with the Garda Central Vetting Unit and will be conducting Garda Vetting on students attending courses where it is identified that possible interaction with children and vulnerable adults is a feature of the course. Any information disclosed by the Garda Central Vetting Unit maybe shared with the appropriate decision making personnel in prospective work experience organisations.

# Guide to awarding bodies

Many of our courses lead to awards from well known and respected organisations.

## **These include:**

### **QQI**

QQI (Quality and Qualifications Ireland) is a state agency established by the Quality Assurance and Qualifications (Education and Training) Act 2012 with a board appointed by the Minister for Education and Skills.

QQI's functions include those previously carried out by the Further Education and Training Awards Council (FETAC); the Higher Education and Training Awards Council (HETAC); the Irish Universities Quality Board (IUQB) and the National Qualifications Authority of Ireland (NQAI).

Further information is available at [www.qqi.ie](http://www.qqi.ie).

### **ITEC**

ITEC provides recognised qualifications in Complementary Therapy. ITEC Qualifications are supported by industry and are easily transportable internationally.

Further information is available at [www.itecworld.co.uk](http://www.itecworld.co.uk)

### **The Royal Horticultural Society**

The Royal Horticultural Society has been associated with educational excellence in Horticulture for over 100 years. It offers qualifications which are instantly recognisable and respected.

Further information is available at [www.rhs.org.uk](http://www.rhs.org.uk)

CSN EVENING COURSES

## TIMETABLE

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17	Ceramics & Pottery	9	Childcare QQI Level 5 - Child Health and Well Being
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26	Practical Social Media Marketing for Business		

## TIMETABLE

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19	Advanced Painting	20	Drawing and Painting Intermediate
23	AutoCAD 2D	25	Introduction to Geographical Information Systems, Spatial Data & Mapping
9	Childcare QQI Level 5 - Early Care & Education Practice		<b>Friday</b>
11	Childcare QQI Level 6 - Special Needs Assisting	18	Drawing & Painting (Beginners)
31	DIY for Women	33	Introduction to Public Speaking
21	Dress Making		
32	Green Living Programme		
34	Kickstart your Education		
15	Makers Laser Cutting Course		
22	Millinery for Beginners Friday		
29	Retail Floristry QQI L5		





# Early Childhood Care and Education

## 5M2009 – QQI Level 5

The overall aim of the programme is to provide the learner with the opportunity to acquire the knowledge, skill and competence to work independently and under supervision in a range of Early Childhood Care and Education (ECCE) settings and or to progress to higher education and training.

To obtain the level 5 award students must successfully complete 8 modules, 6 of which are compulsory. Students may choose 2 optional level 5 modules or 1 level 5 and 1 level 6 module to obtain the award. The level 6 module may then be carried forward to the level 6 award.

### Entry Requirements

Strong interest in the provision of quality care and education for children. It is essential that learners have competence in written and spoken english, along with basic computer literacy skills.

### Assessment Method

Continuous Assessment including work-based assignments, projects, skills demonstrations and learner records. Three modules include written examinations.

### Work Experience

Learners are required to obtain a minimum of 120 hours work experience during the course and are expected to carry out some of the assignments in the workplace.

## Programme Structure

Students must complete 8 modules to achieve the award, 6 modules are compulsory.

Child Development 5N1764	Compulsory	Assignment 30% Collection of Work 40% Exam – Theory 30%	11/9/2017
Early Care & Education Practice 5N1770	Compulsory	Assignment 30% Assignment 30% Learner Record 40%	13/9/2017
Early Childhood Education & Play 5N1773	Compulsory	Assignment 30% Assignment 30% Skills Demo 40%	17/1/2017
Child Health and Well Being 5N1765	Compulsory	Project 40% Skills Demo 60%	12/9/2017
Communications 5N0690	Compulsory	Collection of Work 50% Skills Demo 50%	18/1/2018
Work Experience 5N1356	Compulsory	Collection of Work 60% Skills Demo 40%	18/1/2018
Children with Additional Needs 5N2396	Optional	Project 1 50% Project 2 50%	19/1/2018
Creative Arts 5N1769	Optional	Project 40% Collection of Work 60%	Summer 2018
Any one level 6 module	Optional	See Level 6 modules	

All modules will run for 13 weeks from 7pm to 10pm and the tuition cost is €180 per module. The QQI exam cost is €20 per year and €50 the year you finish your award. You choose the number of modules you would like to study each year. Different modules are offered on Monday, Tuesday and Wednesday evenings as per start date in table above.



## **6M2007 - QQI Level 6**

The purpose of this award is to enable the learner to acquire the knowledge, skill and competence to work as an autonomous practitioner and or take responsibility for the work of others in leading and coordinating the provision of a quality early childhood care and education environment which promotes children's well-being, development and learning. This award will provide learners with opportunities to transfer and progress to programmes leading to higher education and training.

All ECCE (Early Years Recognised Qualifications) room leaders must hold a minimum QQI Level 6 Major award in Early Childhood Care and Education (6M2007) from December 2016.

### **Entry Requirements**

Minimum Level 5 Certificate Award in Childcare. Competence in written and spoken English essential.

### **Assessment Method**

Continuous Assessment including work-based assignments, projects, skills demonstrations and learner records. One exam is required for the Child Development module.

### **Work Experience**

Learners are required to obtain a minimum of 120 hours work experience during the course and are expected to carry out some of the assignments in the workplace.

<b>Programme Module</b>	<b>Compulsory or Optional</b>	<b>Assessment Technique</b>	<b>Start Date</b>
Child Development 6N1942	Compulsory	Project 60% Exam - Theory 40%	12/9/2016
Early Childhood Curriculum 6N1944	Compulsory	Project 40% Skills Demo 60%	16/1/2017
Childhood Social Legal and Health Studies 6N1945	Compulsory	Assignment 40% Project 60%	17/1/2017
Communications 6N1950	Compulsory	Collection of Work 50% Skills Demon 50%	18/1/2017
Work Experience 6N1946	Compulsory	Collection of Work 60% Skills Demo 40%	18/1/2017
Supervision in Early Childhood Care 6N1973	Optional	Learner Record 100%	13/9/2016
Special Needs Assisting 6N1957	Optional	Project 50% Skills Demo 50%	14/9/2016
Remaining credit value of 15 from level 5	Optional	See level 5 modules	

## **Programme Structure**

All modules will run for 13 weeks from 7pm to 10pm and cost €180 per module. The QQI exam cost is €20 per year and €80 the year you finish your award. You choose the number of modules you would like to study each year. Different modules are offered on Monday, Tuesday and Wednesday evenings as per start date in table above.



## Creative Digital Photography for Beginners

**Teacher: Michael Holly**

**No of Weeks: 8**

**Mondays 7pm – 9pm**

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### **Course Description:**

In this course the student will learn how to use their digital SLR Camera for creative photography. Camera and photography basics such as shooting in Manual mode, creative use of shutter and aperture, understanding light, and digital organisation and post production will be covered. The student will work on a small creative project during the course which will be ultimately compiled into a slideshow. A Digital SLR Camera is required for this course. Taught by professional visual artist and photographer Michael Holly.

### **Course Content:**

Week 1: Digital SLR Camera basics, understanding your camera's functions

Week 2 : Exposure modes, creative use of shutter speed and aperture

Week 3: Understanding light and basic portrait photography, understanding the lens

Week 4: Night and low-light photography

Week 5: Action and sports photography

Week 6: Photography Field Trip (to be held on agreed date)

Week 7: Understanding the digital image: downloading, cataloging and digitally adjusting your images

Week 8: Creating a slideshow of your images for web use.

**Cost:** €100



## Creative Digital Photography for Improvers

**Teacher: Michael Holly**

**No of Weeks: 8**

**Mondays 7pm – 9pm**

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### **Course Description:**

In this course, students who already have an understanding of Digital SLR photography will be given the opportunity to develop their camera skills and to apply them in a creative setting. Students will work on a creative photo-series and will print and frame an enlarged image for the last class. A Digital SLR Camera and tripod is required for this course. This class is taught by professional visual artist and photographer Michael Holly.

### **Course Content:**

Week 1: Becoming confident with your digital SLR: advanced camera functions

Week 2: Using available natural and artificial light in creative portrait photography

Week 3: Flash photography

Week 4: Creative night photography

Week 5: Composition, form, colour and how to 'read' an image

Week 6: Photography Field Trip (to be held on agreed date)

Week 7: Adobe Photoshop Basics: preparing an image for print

Week 8: Finishing and presenting your photography

Week 9: Digital SLR camera and tripod.

**Cost:** €100



## Makers Laser Cutting Course

**Teacher: Aoife Browne**

**No of Weeks: 20**

**Wednesday 7pm – 9pm**

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### **Course Description:**

Explore the magic of seeing your idea literally leap off ‘the maker space’. Laser cutting is a maker’s paradise; It is fast and suitable for a range of materials and applications. This course would suit someone with a background in art, design/ fashion with some experience of working with computers. This course is an ideal way to get to grips with cutting edge technology for creative’s.

### **Course Content:**

Develop confidence with software tools, material use and methods; in a relaxed step by step approach to digital fabrication.

You will learn how easy it is to use the software and connect with other users. We will explore the potential for desktop making, outsourcing and sales. Students will be expected to complete projects on a stage by stage basis and a final piece for presentation. This course is a great addition to anyone working on a portfolio for work in art/design.<http://www.troteclaser.com> see Trotec Speedy 300.

**Cost:** €280



## Furniture Making QQI Level 5 - Delivered at Benchspace Cork

**Tutor: Seán Breen**

**No of weeks: 22**

**Monday 7pm – 9.30pm**

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This QQI accredited course will be delivered at Benchspace Cork, a shared access workshop located in the Marina Commercial Park. Your workbench will be located in a creative space alongside full-time designer makers.

Specific attention will be paid to fine furniture making and design skills, health and safety, material properties and surface finishing. Those taking this course will develop an appreciation for design, craft, and meticulous attention to detail in making.

This Furniture Making Level 5 Minor Award at Benchspace may act as a stepping stone for those looking to study Furniture Making Full-time at CSN or those who simply want a change from their day jobs.

The course will be based on the QQI Programme Module for Furniture Making 5N1275. A portfolio and collection of work will demonstrate the following learning outcomes:

- Traditional Hand Tool Skills and Modern Power Tool Usage in Furniture Making
- Woodwork Techniques, Furniture Production Processes, and Joinery
- The Design Process, Design Brief Considerations, and Working Drawings
- Health and Safety Requirements in a Woodwork Workshop
- Material Selection, Grain Orientation, and Wood Movement
- Surface Preparation, Assembly, and Clamping Practices
- Fine Finishing using Varnishes, Oils, and Lacquers.

**Cost:** €300





## Ceramics & Pottery course

**Teacher: Jim Kelleher**

**No of Weeks: 10**

**Monday 7pm – 9pm**

### **Course Description:**

Learn hand building techniques for ceramic sculpture and experience the potter's wheel to make your own cups and bowls. All levels welcome from beginners to more advanced students.

Students will gain practical skills, and explore a wide range of surface treatments tailored to each individual project. Work from this course can be seen on the Facebook page:

Cork Ceramics Class

<https://www.facebook.com/corkceramicsclasses?ref=hl>

Materials and kiln firing included.

### **Course Content:**

The course is divided into four projects.

Two hand building projects: The first project is a prescribed task aiming as an introduction to the materials. The second is a more self-directed project with guidance and individualized project specific tuition.

Two Potter's wheel based projects: The making of cups with handles and bowls.

**Cost:** €130 All materials included.



## Drawing and Painting Beginners

**Teacher: Mags Geaney**

**No of Weeks: 10**

**Monday Time: 5pm – 7pm**

**Day: Friday Afternoon 2.30pm – 4.30pm**

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### **Course Description:**

This class is for beginners and those with some experience.

During the term the areas covered include still life, landscape, personal projects and mixed media. There is an emphasis on gaining proficiency in basic colour mixing, use of primary, secondary and complementary colours, opaque and transparent colours and colour theory. Painting techniques such as impasto, sgraffito, glazing, wash, and use of the palette knife, exploring the use of various brushes, round, flat, filberts, riggers & household decorating brushes and use of household sponges/natural sponges. Use of cling film, salt, sand and eggshells is incorporated in mixed media alongside ink/ acrylic, chalk and oil pastel and wax resist techniques.

### **Course Content:**

The student will be instructed on painting surface, canvas, paper and how to prepare a ground, staining, priming the surface for acrylic painting. At the conclusion of the course, the student will have learned successful colour mixing, the basic colour palette to use/ buy and how to create depth in a painting using colour. The student will be able to incorporate the painting techniques described above to enhance the students own individual work and resolve painting issues as they arise. Information on painting techniques, advice on how to keep a sketchbook/ journal and selected artists covered in class to illustrate colour theory, landscape and portraiture will be available to the student in printed format.

**Cost:** €140 All materials included.



## Advanced Painting

**Teacher: Mags Geaney**

**No of Weeks: 15**

**Wednesday 7pm – 10pm**

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### **Course Description:**

In this class the student will develop a body of work which is both personal and contextualised within Contemporary Art practice. They will employ traditional and experimental painting processes and techniques, observe, record and analyse a variety of subjects. The student will assess the impact of a range of Contemporary Art practice on their personal work. They will keep a journal that explores diverse Contemporary Art practice and from these explorations, the student will develop a personal practice that shows influence from the artists studied. A sketchbook will be used to explore practical processes, acrylic, water colour, household paints, etc., and techniques and the student will prepare a variety of surfaces for paint, to include; stretching and priming canvas, water colour paper and gesso.

### **Course Content:**

The student will produce a cohesive, conclusive body of work to exhibition standard, underpinned by appropriate research practice and be able to use the language of art criticism and evaluate a comprehensive range of approaches to painting as an expressive and communicative language, through the analysis of a range of art movements. The student will have a body of work that can be used as a portfolio for college application by course end. The format of the class will be practical, working from observation, still life and life drawing from the model and will also contain History of Art / Art Appreciation lectures to facilitate the student to locate their own paintings/others work in theoretical context using correct terminology. Acrylic paint, charcoal and ink and paper are supplied by the college.

**Cost:** €350



## Drawing and Painting Intermediate

**Teacher: Mags Geaney**

**No of Weeks: 10**

**Thursday 7pm – 9.30pm**

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### **Course Description:**

This class is for students with experience of drawing & painting. It is assumed the student has a fair grasp of the basics, colour mixing and composition, etc. Students who have attained Leaving Cert Art or have attended other art classes in the past are particularly suitable. Even if it was many years ago, this is the class for brushing up on those skills once more.

### **Course Content:**

In this course there is an emphasis on mastery of a variety of painting techniques and processes, traditional and experimental. These include impasto, sgraffito, glazing, wash and use of the palette knife, house hold brushes, household sponges/ natural sponges. The student will respond to a brief, e.g. in landscape. A selected Contemporary Irish artist working with landscape such as (Donald Teskey), will be explored in detail and the student will be encouraged to explore landscape using mixed media, ink/ acrylic, pastel and wax resist techniques. The student will observe, record and analyse a variety of subjects in areas they wish to develop and resolve any issues in their paintings. There will be group projects, the med still life/ portraiture and again the student will be encouraged to compare and contrast their own work to contemporary practice and artists, national and international. The work completed on this course can be used as part of portfolio requirements for college applications. All briefs/ themes and information on painting techniques, selected artists used to illustrate colour theory, landscape and portraiture issued to the student during the course will be available to the student in printed format.

**Cost:** €160 All materials included.



## Dress-making

**Teacher: Mary Hackett**

**No of Weeks: 10**

**Mondays or Wednesday 7pm – 9pm**

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### **Course Description:**

Do you want to learn how to make your own clothes? Do you want to give them new life or just add a bit of decoration to change the style? Would you be able to cut a pattern to your size or make a garment to a professional standard? You can learn all these if you join the dressmaking class at CSN. Cost of materials not included. Sewing machines are provided for all students with a limited number of students to accommodate individual attention for students.

**Cost:** €110

## Mixed Textiles: crochet, knitting and embroidery

**Teacher: Bernie Walsh**

**No of Weeks: 8 weeks**

**Tuesday 7pm – 9pm**

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### **Course Content:**

Participants will be afforded the opportunity to acquire the basic stitches and techniques of crochet, knitting and embroidery, utilizing them in various projects. For example, in crochet and knitting, participants will be shown how to construct popular fashionable accessories, such as, scarves, cowls, small bags, baby cardigans and blankets, and some jewellery items. In the area of embroidery, stitch and techniques particular to specific embroideries, such as, Mount mellick, Sprigging and traditional surface embroidery, will be used to create different projects. Participants will also be instructed how to use traditional embroidery stitches to embellish crocheted, knitted and fabric garments.

**Cost:** €100



## Millinery for Beginners

**Teacher: Maria Stack**

**No of Weeks: 6**

**No of students: 10**

**Wednesday 7pm – 9pm**

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### **Course Description:**

You will get creative and learn to design and make your own head piece using sinamay. Discover the basic skills of manipulating materials. Learn how to create basic shapes. Make various design features such as swirls, bows, curls and fans.

Learn how to make bias borders and trims. Learn how to embellish your piece with beads and feathers. You will be encouraged to make and learn hand-in-hand; your only limit will be your imagination! Places are limited.

**Cost:** €80

## Jewellery Making

**Teacher: Triona Ní Mhurchadha**

**No of students: 8**

**Mondays 7pm – 9pm**

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### **Course Description:**

In this class participants will learn how to make wire and beaded jewellery in a range of on-trend and classic styles. Participants are encouraged to explore their personal sense of style in order to design and create their own special pieces, while guided by the tutor.

### **Course Content:**

The fundamentals of Jewellery Making will be taught in this course, covering essential techniques from bead stringing to professional finishings. Participants will make a variety of pieces to take home, from simple earrings and bracelets to more complex neckpieces, using a range of materials including memory wire, chain and elastic. For the final project there is an optional up-cycle challenge where students have the opportunity to repurpose an item of their old jewellery. On completion of this course, participants will have achieved a solid understanding of Jewellery Making and the whole new world of opportunities it presents.

**Cost:** €130 (including materials)



## AutoCAD 2D

**Teacher:** Ella Daly

**Code:** QQI 5N1604 Computer Aided Drafting

**No of Weeks:** 20

**Wednesday 7pm – 9pm**

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### **Course Description:**

CAD is an essential requirement for professionals in many industries including: architecture, engineering, interior design, landscape design, retail design, shop-fitting and building services. There is always a requirement for good CAD technicians. This course will train candidates to produce 2D CAD drawings to high standard & prepare drawings for final output. Excellent file & drawing management is central to this course.

### **Course Content Includes:**

1. Draw commands to accurately create a range of 2D features:  
Lines, poly-lines, splines, arcs and circles
2. Modify commands to edit existing drawings
3. Create, insert and edit blocks, layers and templates
4. Add Hatch, Text and Dimensions to drawings
5. Application of line-type, line-weights, colours and scales
6. Prepare drawing for output: e.g. Plotting, layouts
7. Drawing management.

**Cost:** €300 Exam fees included.



## Essential Computer Skills (Beginners)

**QQI Code: IT Skills 4N1125 (Level 4)**

**Teacher: Ella Daly**

**No of Weeks: 12**

**Monday 7pm – 9pm**

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### **Course Description:**

This introductory Autumn course is ideal for those looking to learn the basics of computers. It will help familiarise the learner with common computer terminology & build confidence while working with a PC using Microsoft Office. Over the 12 weeks the learner will create, format, save & print documents using Microsoft Word. In addition to learning the more practical skills such as file management and how to send / receive emails, they will also gain the confidence to search the web for holiday deals, online shopping etc. This is the ideal course for any beginner!

The Spring Computer Applications course is a step up to learning other applications: Excel, Powerpoint & Access.

### **Course Content:**

#### **IT Skills (12 weeks Autumn)**

- Understanding how a computer works & the impact on our everyday life
- File Management: create, rename, move, copy files & folders
- Internet & E-Mail: send/receive emails, search the web for specific information
- Word Processing: create, save, format & print documents
- Inputting data and ways of using the keyboard

#### **Computer Applications (12 weeks Spring)**

- Excel – Spreadsheets
- Access – Databases
- Powerpoint - Presentations

For further information contact Ella Daly: [e.daly@csn.ie](mailto:e.daly@csn.ie) / 021-2067635

**Cost:** €140





## **Introduction to Geographical Information Systems, Spatial Data & Mapping**

**Teacher: Ella Daly**

**No of Weeks: 10**

**Thursday 7pm – 9pm**

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### **Course Description:**

GIS is a system designed to capture, store manipulate, analyse, manage& present all types of spatial or geographical data. Differing agencies use GIS in planning & organising data both in the public & private sector. This introductory course will demonstrate the basic concepts of GIS through an introduction to Quantum GIS open source software. Ideal course for anyone that works with maps & geographical data.

### **Course Content:**

- Map creation using: points, lines & polygons
- Attributes & spatial data
- Raster & vector models
- Sources for spatial data
- Data classification & thematic mapping
- Data analysis: Querying data & retrieving information
- Map production & result dissemination.

**Cost:** €110



## Practical Social Media Marketing for Business

**Teacher: Colm Smyth**

**No of Weeks: 10**

**Monday 7pm – 9pm**

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### **Course Description:**

Social Media Marketing is the most important part of marketing. This 10 week practical course will enable you to develop and execute a Social Media Marketing Plan.

You will learn how to create your own social media sites using Facebook, LinkedIn and Twitter for your business. Also you will learn about how to use websites, Search Engine Optimisation, Email Marketing, Public Relations, Hootsuite and Lead Generation to increase sales. There is no exam with this course. Assessment will be based on the completion of in-class project work.

### **Course Content:**

Week 1	Principles of Marketing
Week 2	An Introduction to Social Media Marketing
Week 3	Public Relations & Use of Social Media
Week 4	Facebook for Business
Week 5	Twitter for Business
Week 6	LinkedIn for Business
Week 7	Email Marketing & Newsletters
Week 8	Website Management using Wordpress
Week 9	Using Hootsuite to Generate Sales Leads from Social Media
Week 10	Review Your Social Media Marketing Plan.

**Assessment will be based on:** In-Cass Work: – 50%. Students will be asked to carry out in-class case study work.

**Social Media Marketing Plan:** - 50%. Students prepare a social media marketing plan for a business of their choosing.

**Cost:** €110



## 'Fun with Flowers'

**Tutor: Michelle O'Keeffe**

**No of Weeks: 10**

**Tuesday 7pm – 9pm**

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### **Course Description:**

Put the power back into your petals with this fun course exploring the art and creativity of floristry. Seasonal arrangements for the home, church or special occasion. Suited to complete beginners and those wanting to improve their hobby skills.

No pressure, just petals. No fuss, just fun!

**Cost:** €120 (Materials not included - average €15/week)



## Horticulture

**Teacher: Adrienne Kelly**

**No of Weeks: 25**

**Monday 7pm – 9.30pm**

**Additionally: 4 Saturday morning field trips to gardens relevant to modules being studied, 2 in autumn and 2 in spring**

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### **Course Description:**

This course is suitable for those interested in career opportunities in horticulture and may not have the time to study full time. It covers 8 modules in total and gives a good basic understanding of a wide range of gardening topics over 2 years.

The Certificate in the Principles of Horticulture is achieved over 2 years by successfully completing two separate certificates each year. Each certificate contains four modules. Assessment is by exam in June.

### **Course Content:**

The certificate offered for the academic year 2017/18 is the RHS Level 2 Certificate in the Principles of Plant Growth, Propagation and Development.

- Plant classification, structure and function
- Plant nutrition and the properties and management of soils and growing media
- Maintaining plant health through understanding pest, disease and weed lifecycles
- Principles and practices of plant propagation in horticulture

The certificate offered for the academic year 2018/19 is the RHS Level 2 Certificate in the Principles in Garden Planning, Establishment and Maintenance.

- Principles of garden planning and garden plant selection
- Establishment and maintenance of garden plants and lawns
- Cultural operations and production methods for outdoor vegetable and fruit crops
- Protected environments (greenhouses, polythene tunnels and cold frames) and their use in plant cultivation.

**Cost:** €400 includes RHS exam fees.



## **QQI Level 5**

### **Retail Floristry**

**Course code: 5N1896**

**Tutor: Michelle O’Keeffe**

**No of Weeks: 22**

**Wednesday 7pm – 9pm**

#### **Course Description:**

Are you a budding florist? This course is aimed at participants who wish to explore employment opportunities in Retail Floristry and will equip you with the knowledge, skills and competency to work effectively in Commercial Floristry. The main focus of the course is based on developing the practical skills required to work as a professional florist, combined with the necessary theoretical knowledge. In addition, there is a strong emphasis on understanding creativity and encouraging the development of each student’s creative and artistic abilities.

Programme content for includes the following:

- Flower Conditioning and Handling
- Flower Assembly, Presentation and Wrapping
- Flower Arrangement

This course covers all aspects of the theory and practice of Commercial Floristry, with special emphasis on Skills Development. Examples of topics covered include the following:

- Bouquets (Flat, Hand-tied and Informal)
- Arrangements (Traditional, Contemporary and Symmetrical)
- Wedding Flowers (Construction of Formal and Informal Wedding Bouquets in addition to a wide range of Bridal Floristry items)
- Funeral Arrangements (Construction of Sympathy Arrangements including Double Ended Spray, Sheaf, Open Wreath, etc.

**Cost:** €320 (Materials not included/average €15 per week).



## Hand Held Pesticide Application

**Teacher: Daniel Crowley**

**QQI Level 5 5N0731**

**Duration: 3 days**

**Dates: October 2017**

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### **Course Description:**

This intensive course is designed to enable you to improve your knowledge, skills, and competence in relation to pesticide application. In accordance with the sustainable use of Pesticides Directive any person who uses professional plant protection products is required to register as a professional pesticides user. On successful completion of this course you will be permitted to register as a professional pesticides user.

### **Course Content:**

**This course covers the entire process of pesticide application including:**

- Description of pests and their effects on crops/amenity
  - Integrated Pest Management
  - Understanding the laws regarding handling & storage of pesticides, record keeping, and container disposal
  - Pesticide selection
  - Interpreting pesticide label information
  - Selection of hand held applicator, including calibration, cleaning, maintenance, storage
  - Health and safety including personal protective equipment
  - Monitoring effectiveness of pesticide applications.
- Tractor Mounted Pesticide Application course also available on request.



## DIY for Women

**Teacher: Fergus O'Donoghue**

**No of Weeks: 8**

**Wednesday 7pm – 9pm**

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### **Course Description:**

Learn basic DIY skills and a few tricks of the trade to get the small jobs done without fuss.

### **Course Content:**

Basically, the aim is to demystified DIY. Week by week you will gain a bit of experience under instruction and will develop confidence with tools, building materials and methods; in a relaxed step by step approach to basic DIY. We will cover the use of a power drill and its bits, for basic DIY jobs from hanging things on the wall to furniture assembly. The course looks at a house on a room by room basis. We will attempt tiling which is a lot of fun because it is a bit messy. Some electrics and plumbing are covered. By the end of the class you will be able to re-imagine a pallet or create a shelf and hang it on any wall with confidence in the house or garden.

**Cost:** €100



## Green Living Programme

**Teacher: James O'Donovan, Matt Jones, Victor Branagan**

**No of Weeks: 8**

**Wednesday 7.30pm – 9.30pm**

### Course Description:

The programme consists of 8 meetings that cover the topics of waste, water, energy, transport, consumerism, food, bio-diversity and community. During the course of the programme participants identify money saving, eco friendly actions and get to try the actions out at home. The team leader offers support to participants between meetings and assists them with the actions they have decided to take.

This formula of giving information during the meetings and encouraging participants to take relevant actions between the meetings has proved a very successful way of initiating long-term lifestyle changes. The supportive team atmosphere created at the meetings is undoubtedly a large factor in this success. The meetings are lively and enjoyable and the actions are all simple, GAP just helps participants get into the routine of doing them. By coming on a GAP programme they discover that eco friendly is also economical and that it is easy and fun.

### Course Content:

#### 8 topic areas are covered in the course:

<b>Waste</b>	how to reduce the waste you produce at home and at work
<b>Water</b>	practical ways of reducing our personal water use
<b>Energy</b>	understanding the issues involved and reducing our bills
<b>Transport</b>	changing the way we travel can help cut down our outgoings dramatically
<b>Consumerism</b>	shopping is the new leisure pursuit and is costing us dearly in many ways
<b>Food</b>	enjoying healthy food can have many benefits and is easier than you may think
<b>Bio-diversity</b>	this can bring us closer to nature and help us appreciate our environment
<b>Community</b>	our community is our strength so let's build strong communities.





## Radio Programme Production

**Teacher: Peter O'Neill**

**No of Weeks: 15**

**Tuesday 7.00pm-9.30pm**

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### **Course Description:**

Learn the techniques of Radio Broadcasting and how radio works in a relaxed and friendly environment. Train in Ireland's most modern Digital Radio Studio at Juice FM Cork City.

### **Course Content:**

This course gives you a combination of hands-on training and the practical skills required to present a group radio programme. Upon successful completion you will receive component certification for QQI/Fetac level 5 in Radio Programme Production.

**Cost:** €250

## Introduction to Public Speaking

**Tutor: Damien Lynch**

**Duration: 8 Weeks**

**Friday afternoons**

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### **Course Description:**

Increase your public speaking confidence in a friendly, supportive environment. Progress from being an absolute beginner to a confident speaker.

**Cost:** €100



## Kickstart your Education

**Teacher: Kathy Bunny**

**No of Weeks: 8 weeks**

**Wednesday 7pm – 9pm**

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### **Course Description:**

This course is designed for people considering returning to full time education. It covers academic profiling and guidance, basic academic skills and allows for the participant to build basic skills and to explore their future direction. The course will provide the participants with a skill set that will allow them to identify their educational pathway and to uncover the steps that need to be taken in order to make that journey a reality.

Basic academic skills will be addressed to allow the participants be able to understand the question asked, research efficiently and effectively use this research to write an essay on the topic. Participants will be required to produce written work as part of the course.

The learned skills will be put to further use in the preparation and delivery of a presentation. The students' presentation skills will be honed and the participants will present on a topic of their choice. The course will appeal to anyone who is contemplating returning to education or would like to develop their research and writing skills.

### **Course Content:**

Week 1 Introduction and personal educational profiling  
Week 2 Academic Skills 1 – Unpacking the Question  
Week 3 Academic skills 2 – How to research using the concept centric matrix  
Week 4 Academic Skills 3 – How to write an essay  
Week 5 Academic Skills 4 – Presentation Skills  
Week 6 Presentations  
Week 7 Educational guidance and options  
Week 8 Review of skills, outcomes and individual plans.

**Cost:** €100



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